

What	How Many Oz	Cal/Oz	Protein	Fat	Carbs	TOTAL CALORIES		
Egg	12		41	43.2	32.4	2.4	492	6 Eggs
Large (8 ounce) Sweet Potato	0		24	0	0	0	0	S. Potato
Whey Protein	6		90	120	3	12	540	18 Tblsp Whey
Carrots	1		12	0.3	0.05	3	12	
Cauliflower	2		7	1	0.2	2.8	14	
Squash	1		4	0.3	0.1	0.9	4	1 Cup Veggies
Broccoli	1		10	0.8	0.1	2	10	
KRILL OIL	2.5		800	0	20	0	2000	5 Tblsp Krill Oil
Canned Pumpkin			7	0.3	0	1.8	0	
Multivitamin Mix								
FOS	0.5		60	0	0	10	30	1 Tblsp FOS
Ascorbic Acid	250mg							
Glucosamine	200mg							
Turmeric	200mg							
Resveratrol	2 mg							
Astaxanthin	.5mg							
TOTALS	26		1055	165.9	55.85	34.9		
1 Egg = 2 ounces								
10 pound dog needs 250 calories PER DAY (125 per feed)							3102	Total Calories per patty
1 oz = 28 grams								
30 x (body weight in kilograms) + 70 = Resting Energy Requirement					64.64	Protein		
					21.76	Fat		
					13.6	Carbs		
Canine								
Neutered adult dog	=1.6 x RER							
Intact adult dog	=1.8 x RER							
Inactive adult dog	=1.2-1.4 x RER							
At-risk for obesity adult dog	=1.2-1.4 x RER							
Weight loss for dog	=1.0 x RER for ideal weight							
Working dog	=2.0-8.0 x RER				1.9%	Percent Soluble Fiber		
Growing puppy (0-4 months)	=3.0 x RER							
Growing puppy (4 month to adult)	=2.0 x RER							
Approximate Daily Caloric Needs for Average Indoor Pets								
Cats								
10 lbs.	180 to 200 calories							
Dogs								
10 lbs.	200 to 275 calories							
20 lbs.	325 to 400 calories							
50 lbs.	700 to 900 calories							
70 lbs.	900 to 1050 calories							
90 lbs.	1100 to 1350 calories							
Glucosamine: Vets often recommend a daily dose of about 20 milligrams of glucosamine for dogs per each pound of body weight.								
Astaxanthin: You can give your dog 1 mg to 1.6 mg daily per 20 lbs of bodyweight.								
Resveratrol: Small doses of resveratrol (suggested dosages: 5-7 mg per 30 lb of body weight) have reported very positive results								

Turmeric: "The recommended dose for dogs is 15mg–20mg per pound of body weight per day, or more simply put, 1/8 to 1/4 tsp per day for every 10lbs in weight."