

Shampoos

Doesn't seem like it would be a very big subject but it kind of is. That's because shampoos do so many different things under different circumstances like:

- Dry skin, with and without flaking
- Infected skin, with wounds and without wounds
- Oily skin, with and without flaking
- Regular skin
- Flaky skin

I'm going to keep this super abbreviated because people get really bored REALLY easily.

Shampoo for DRY SKIN

- Pantene Pro V Shampoo and Conditioner in One
- Neutrogena Triple Moisture Shampoo and Conditioner
- Head and Shoulders Moisturizing with Almond Oil
- A moisturizing shampoo from my office that smells like watermelon and is a concentrate to last a long time. Not an upsell, just convenient.

Shampoo for OILY SKIN

- Benzoyl Peroxide Bar Soap
- Benzoyl Peroxide "Stubborn Acne" Wash from Neutrogena
- Coal Tar Soap, Coal Tar Shampoo, or Neutrogena T-Gel
- Denorex, Desenex, Selsun Blue
- A drying shampoo from my office that kills germs, dissolves flakes and strips oil. Not an upsell, just convenient.

Shampoo for *Infected* Skin

Yeah that's different because there aren't very many over the counter shampoos that actually kill microbes. So, that's a shampoo from the office and we have like, three or four to choose from. And they aren't "one size fits all" because some are also drying, moisturizing, antifungal, penetrating, non-penetrating, okay for broken skin, not okay for broken skin, anti-itch, etc. so that's kind of a custom thing. Not much at the store worth a darn. That's a fact, **not an upsell**.

Shampoos that are **bad** for pets:

- Johnson Baby Shampoo
- Pert Shampoo
- Dawn Dishwashing Detergent

A note on "pet" shampoos, and why I prefer "people shampoo" for pets.

Pet shampoos are unregulated. ***The pet shampoo business is a "Wild West" of products without oversight.*** People shampoos as above are closely regulated and tested.

Additional notes: #PANTENESPRAY #CHLORHEXIDINESPRAY