

## Feeding A Dog

Dogs over an ideal weight don't live as long, nor live as affordably as leaner dogs. They just have more health problems and their legs give out before they should. You can delay arthritis.

Weight You Want (Or Already Have)	Amount They Need to Eat to Weight That Much or Little
5 lbs	2 tbsp twice a day
10 lbs	3 tbsp twice a day
15lbs	¼ kitchen measuring cups twice a day
20lbs	1/3 kitchen measuring cups twice a day
30lbs	½ kitchen measuring cups twice a day
50lbs	¾ kitchen measuring cups twice a day
60lbs	1 kitchen measuring cups twice a day
80lbs	1&1/3 <sup>rd</sup> kitchen measuring cups twice a day
100lbs	1&1/2 kitchen measuring cups twice a day
100+ pounds	2 kitchen measuring cups twice a day

Feed dry food. Don't wet it, don't add ANYTHING to it not even green beans. Anything you do to the dog food will **MAKE A DOG EAT WHEN IT'S NOT HUNGRY** which is actually "the" recipe for overweight. If they're not hungry, leave it along. They're NOT skinny. Skinny dogs always eat well.

## Diet Recommendations

I like Kirkland's Signature Sa'lmon and Sweet Potato diet. It's grain free, it's super affordable, it's CHICKEN-free (not even chicken fat is used) and it's got soil based probiotics, soluble fiber, and high quality glucosamine in it. It won't make a dog eat when they're not hungry.

## Dental Exercise:

Dental exercise needs to be "scrapey" enough to remove (scratch off) tartar. So you need bones, Antlers, or Himalayan Treats.

Bones include:

- Beef Shanks
- Beef Knuckles
- Antlers should be soaked in "just-boiled" BEEF BROTH over night. The Antlers should not be boiled. Beef broth is better (to dogs apparently) than chicken broth.
- No pork bones are safe for dogs at all.

**The leading cause of 'emerging illnesses in old dogs is their teeth.** Germs from their teeth infect the lungs, trachea and sinuses. The teeth also seeds germs in the kidneys and the liver. Almost all heart murmurs are preventable by maintaining the teeth free of infections at the gum line. Dental exercise can prevent the need for a dental cleaning entirely for the life of the dog.