

# The Anti-Aging Triad for Older Dogs

## The “n-AC” (NAC) Supplement is:

- Antioxidant
- Kidney-Preserving
- Neuroprotective
- Contributes to the glutathione pathway for energy generation
- Anti-inflammatory

## The DHEA

- DHEA is a mild “anabolic” steroid-precursor that has been found (in my practice) to contribute to CONSERVATION of muscle mass in the aging or catabolic (cancer) pets.
- DHEA has known / proven antineoplastic effects.

## Geranyl geraniol

- Geranyl geraniol is a powerful antioxidant. As such, it has anti-inflammatory effects.

Weight LBs	NAC	Geranyl Geraniol	DHEA 100mg
5	Reduce	Prick capsule put dab on food	1 a day
10	Reduce	Prick capsule put dab on food	1 a day
15	1 a day	1 every other day	1 a day
20	1 a day	1 every other day	2 a day
30	1 a day	1 every other day	2 a day
40	2 a day	1 a day	2 a day
50	3 a day	1 a day	3 a day
60	3 a day	1 a day	4 a day
70	3 a day	1 a day	5 a day
80+	4 a day	2 a day	6 a day

- NOTE: Some people have found that when started all at once, vomiting can occur. It’s very uncommon. But if you’re concerned, or you HAVE that experience with this, back up and start with the DHEA....After a week add the NAC and then after a week, add the Geranyl Geraniol.
- NAC capsules smell like sulfur.
- Geranyl geraniol caps have an oil inside.