

KNUCKLEBONES

The single best dental exercise for dogs, from small to large, is a **KNUCKLEBONE**. It's the "knee" of a cow. You can get them from here, Target and Walmart for under ten bucks. The big round parts (condyles) encourage chewing with the *back* teeth. Then, when the dogs burrow into the marrow they work their front teeth very effectively. Some precautions. First, when you unwrap the bone you should use a paring knife to **cut away the "big pieces"** of baked fat and sinew. Those fatty parts can create digestive upset. You don't



have to be "thorough" but at least knock off the big chunks. The dogs **only require 30 minutes three times a week** to get results. Or, you can drop the bone on the floor and let them wear them out. If you let them wear the bone out, you should take it away when it seems "thin" or breakable. See image.

- Using *real* bones for dental exercise risks blunting the teeth over the years. For *me*, and my dog "Ajax" it's worth it based on a lifetime of prevailingly hard and healthy gums.
- Sometimes *any* beef bone can cause certain dogs to have a diarrhea on 'bone day'. Only you know your dog well enough to speculate on that.
- Dogs will fight over bones.

Relevance to your dog: Medically Indicated | Very high | High | Elective

CONDITIONER SPRAY



- Pantene Pro V **Conditioner** "Moisturizing" or "Hydrating"
- And a spray bottle.

Use *warm* water and mix about 10-20% by volume the Pantene Pro V **CONDITIONER** (not the shampoo) to about 80-90% plain water. You're gonna have to shake the mix VERY much to dissolve the conditioner. It's gonna be a whitish mix you can't see through. Spray that on/into a dry coat for a day or two, rub it in. You don't have to do it again until or unless the coat gets dull, or dandruffy again. After a while the dog will get sort of waxy, then you'd use a warm wet rag to remove accumulated Pantene. My dog Ajax needs that "clarifying" once a month or so.



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